

**Student Guide  
for COVID-19 Positive Tests or Symptoms**

If a student feels ill and believes the [symptoms](#) might be COVID-19 related:

- Do not come to class or go to general public areas
- Return to your place of residence
- Notify instructors of absence
- Contact Student Medical Services to schedule a COVID19 test time.
- Remain isolated until notification of test results.

**If a student tests positive for COVID-19**

Students who test positive for COVID-19 should immediately self-isolate and notify the Office of the Assistant Vice President for Risk Management (AVPRM) by phone and email (806-651-2961 and [COVID19@wtamu.edu](mailto:COVID19@wtamu.edu)), providing basic personal information (Name, Contact Information (e-mail and phone number) and Location of Current Residence).

The AVPRM will notify Residential Living, Student Medical Services, SSC and the Vice President for Philanthropy and External Relations with pertinent information and plan for student while keeping HIPAA information confidential. The AVPRM will also notify the VP for Student Enrollment, Engagement, and Success (VPSEES) to assist with notification to faculty.

**If the student lives on campus**

Students living on campus will be asked if leaving campus and returning to their primary home residence (preferred) is an option.

- **If yes:**
  - The student will be asked to gather their academic materials and personal items needed for 10 days \* and immediately leave campus for home.
  - The student's roommate(s) will be contacted by Residential Living and asked to self-isolate in their residence hall and await further instruction from Residential Living staff.
  - \*A limited number of persons with severe illness may warrant extending duration of isolation for up to 20 days after symptom onset.
- **If no:**
  - The student will be asked by Residential Living to gather their academic materials, personal items, and sundry items needed for 10 days\* and will be provided access to an isolated room in the designated on-campus residence hall (Guenther Hall) for quarantine.
  - The student's roommate(s) will be contacted by Residential Living and asked to self-isolate in their residence hall and await further instruction from Residential Living staff.

- \*A limited number of persons with severe illness may warrant extending duration of isolation for up to 20 days after symptom onset.

All students testing positive are required to self-report their information to assist in contact tracing at the Texas A&M University System COVID-19 reporting portal ([https://redcap.link/TAMUS\\_COVID\\_PORTAL](https://redcap.link/TAMUS_COVID_PORTAL))

A Residential Living staff member will contact the COVID-19-positive student's roommate(s) to discuss testing options, cleaning and disinfecting recommendations, and guidance on self-isolation as appropriate.

The Amarillo Bi-County Health Department, after information is shared because of positive test, will contact the COVID-19-positive student and begin the Contact Tracing protocol.

Residential Living will coordinate the delivery of meals with ARAMARK to all students (infected, self-isolating roommate, etc.) who are affected and remain on campus. Residential Living and Student Medical Services will make periodic checks with the affected students as to their needs and current health both on campus and those returning to their primary home residence. SSC will coordinate a time to clean and disinfect the room of the positive student.

### **If the student lives off campus**

Students living off campus will be asked to quarantine in their off-campus accommodations unless returning to their primary home residence (preferred) is an option.

The Amarillo Bi-County Health Department, after information is shared because of positive test, will contact the COVID-19-positive student and begin the Contact Tracing protocol.

Student Medical Services will make periodic checks with the affected student as to their needs and current health.

All students testing positive are required to self-report their information to assist in contact tracing at the Texas A&M University System COVID-19 reporting portal ([https://redcap.link/TAMUS\\_COVID\\_PORTAL](https://redcap.link/TAMUS_COVID_PORTAL))

### **Notifying faculty and managing absences**

The AVPRM will contact the Vice President for Student Enrollment, Engagement, and Success (VPSEES); VPSEES will use the current absence notification process and [request form](#) to make professors aware that the student(s) will not be able to attend class due to medical reasons and should work with student(s) to provide online access to course assignments and offered flexibility in meeting deadlines. Students are encouraged to email their professors also to ask for missed work.

### **Positive students returning to campus for housing and/or classes**

- **IF YOU HAD SYMPTOMS (Symptomatic Person):** You must remain under quarantine precautions per [CDC Guidelines](#) until:
  - You have had no fever for at least 24 hours (that is one full day of no fever without the use of medicine that reduces fevers)AND

- other symptoms have improved (for example, when your cough or shortness of breath have improved)  
AND
- at least 10 days have passed since your positive COVID-19 test result
- **IF YOU DO NOT HAVE SYMPTOMS (Asymptomatic Person):** You must remain under quarantine precautions until:
  - 10 days have passed since the date of your positive COVID-19 test result  
AND
  - You have had no subsequent illness

Note: Asymptomatic persons who test positive and later develop symptoms should follow the guidance for symptomatic persons above.

When students have met the requirements for discontinuing quarantine, students should do the following:

- Contact the Office of the Assistant Vice President for Risk (AVPRM) at 806-651-2961 and [COVID19@wtamu.edu](mailto:COVID19@wtamu.edu).
- The AVPRM will contact the Executive Vice President and Provost
  - A message will be sent to professors to notify them the student will be returning to class via the current absence notification procedure.
  - AVPRM will contact Residence Life for students return to campus housing.
  - AVPRM will contact SSC for cleaning and disinfecting the on-campus temporary housing.
- The student should wear a facemask or proper face covering and maintain social distancing at all times when returning to campus.
- Students should adhere to proper hygiene etiquette.
- Students should self-monitor for symptoms and seek re-evaluation from Student Medical Services should respiratory symptoms recur.

AVPRM

Mr. Zack Workman  
806-651-2961  
[zworkman@wtmu.edu](mailto:zworkman@wtmu.edu)

Student Medical Services  
806-651-3287

University COVID-19 Webpage

<https://www.wtamu.edu/about/information/covid-19/index.html>

Helpful Documents, emails and Links

[COVID19@wtamu.edu](mailto:COVID19@wtamu.edu)

[CDC Guidelines](#) for Isolation and Precautions

[Absence Notification request form](#)

[https://redcap.link/TAMUS\\_COVID\\_PORTAL](https://redcap.link/TAMUS_COVID_PORTAL) - TAMUS COVID Contact Tracing Portal

[CDC COVID 19 symptoms](#)